








Lemington Riverside Primary School – PE Curriculum 2023/24

Lemington Riverside Primary School		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception		Unit 1 Body Management	Unit 1 Gymnastics	Unit 1 Manipulation & Coordination	Unit 1 Speed Agility Travel	Unit 1 Cooperate & Solve Problems	Multi Skills
		Unit 2 Body Management	Unit 1 Dance	Unit 2 Manipulation & Coordination	Unit 2 Speed Agility Travel	Unit 2 Cooperate & Solve Problems	Invasion Games
Year 1		Multi Skills	Unit 1 Attack Defend Shoot	Unit 1 Gymnastics	Unit 1 Send & Return	Unit 1 Send & Return	Unit 1 Run Jump Throw
		Invasion Games	Unit 2 Attack Defend Shoot	Unit 1 Dance	Unit 2 Send & Return	Unit 2 Send & Return	Unit 2 Run Jump Throw
Year 2		Multi Skills	Unit 1 Attack Defend Shoot	Unit 1 Gymnastics	Dodgeball	Unit 1 Send & Return	Unit 1 Run Jump Throw
		Invasion games	Unit 2 Attack Defend Shoot	Unit 1 Dance	Hockey Indoor	Football	Unit 1 Hit Catch Run
Year 3		Handball Year 3	Netball Year 3	Unit 1 Gymnastics	Dodgeball	Football Year 3	Athletics Year 3
		Basketball Year 3	Invasion games	Unit 1 Dance	Hockey Year 3	Tennis Year 3	Cricket Year 3
Year 4		Handball Year 4	Netball Year 4	Unit 1 Gymnastics	Dodgeball	Football Year 4	Athletics Year 4
		Basketball Year 4	Invasion games	Unit 1 Dance	Hockey Year 4	Tennis Year 4	Cricket Year 4
Year 5		Handball Year 5	Netball Year 5	Unit 1 Gymnastics	Dodgeball	Football Year 5	Athletics Year 5
		Basketball Year 5	Invasion games	Unit 1 Dance	Hockey Year 5	Tennis Year 5	Cricket Year 5
Year 6		Handball Year 6	Netball Year 6	Unit 1 Gymnastics	Dodgeball	Football Year 6	Athletics Year 6
		Basketball Year 6	Invasion games	Unit 1 Dance	Hockey Year 6	Tennis Year 6	Cricket Year 6